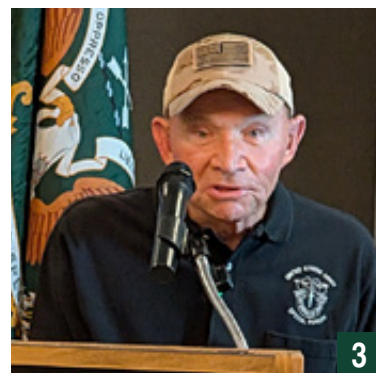


## SFA Chapter 78 June 21, 2025 Chapter Meeting

Photos by Debra Holm



## Guest Speaker, Aaron Maben Retired Green Beret and Cyber Security Specialist

**1** Aaron "Maximum" Maben, former teammate of VP James McLanahan, gave a two-part presentation. He is shown being presented a chapter coin by James.

In the first part, he shared his personal story of a period in which he battled with symptoms including constant fatigue, emotional withdrawal, irritability, and brain fog. He recounted how reading the first line of Chris Frueh, PhD's book *Operator Syndrome* sparked an "awakening," leading him to realize he wasn't alone and to seek treatment. His journey led him to the Honor Foundation, and Aaron shared lessons he learned there about the process of telling one's story with intention—a process that supports healing and leaves a legacy.

The second part of his talk, "KISS: Keep It Simple Security," walked the group through practical ways to protect personal identity online. His clear, hands-on approach — including live checks during the slideshow and suggestions for available tools— showed how simple security can be. Chapter members are still talking about it!

**2** Aaron was accompanied by his wife, Kathryn.

**3** Len Fein provided a status on Sergio Venegas' work on the Joint Forces Training Base.

**4** Richard Simonian

**5** Ramon Rodriguez

**6** Ham Salley

**7** Art Dolick

**8** Jim Lockhart

**9** Left to right, Johann Hindert, Mike Jameson, and Gary Macnamara.

**10** Left to right, Wayne Ogelvie, Marla Ogelvie, Travis Mayfield, Mark Miller, and Ramon Rodriguez.

**11** Mark Griffin

**12** James Carter

**13** Doreen Matsumoto

**14** Jim Cragg

**15** Gus Populus

