

# From the Editor | June 2025



How Miller  
Sentinel Editor

We begin this issue of the *Sentinel* with a celebration of our 2nd annual Valor Lunch, a very successful fundraiser for charities we support. Debra Holm, Chapter 78 honorary member, *Sentinel* designer, and Chapter 78 webmaster, writes about the happy event.

Our regular contributor, military journalist and author Marc Yablonka, has written a revealing article about the real Air America. Not the

Hollywood-created, drug-running, self-serving version, but the danger-facing, self-sacrificing men who flew grueling hours while dodging bullets and landing in ridiculously small and difficult runways, supplying the brave men fighting for their country in Laos and elsewhere.

You will find a brief reminder to sign up early for SFA's annual national convention, SFACON 2025, in Las Vegas. Besides interesting speakers and fun events, it offers a rare chance to mingle not only with other outstanding men such as yourselves, but also with a large number of SOG veterans who are holding their own concurrent SOAR.

Former Green Beret Erik Lawrence has written a handbook on resources available to former Green Berets and others, which can be purchased on Amazon at <https://www.amazon.com/Fire-Support-Veterans-Navigating-Overcoming/dp/1961989204>. His *Fire Support: A Veteran's Guide to Health, Healing, and Life Beyond the Service* delves into topics as varied as holistic remedies and continuing education. He offers levelheaded analyses and guidance for those that are willing to be in charge of their own future while revealing where to get help and guidance along the way. We include my review of the book/field guide.

The Library of Congress has an ongoing project to record our stories as soldiers for posterity. As our numbers diminish, we lose valuable sources of information for subsequent generations. Let's get those "stories we will tell our grandchildren" recorded so all grandchildren will get a chance to hear and learn from them.

Our back cover has photos from other activities that Chapter 78 members represented the chapter for good causes.

Please enjoy and keep sending us your stories and accounts of personal combat experiences so we can share them with your fellow Green Berets and others. ♦

How Miller  
Sentinel Editor



## SFA Chapter 78 Monthly Meeting

### June 21, 2025

Breakfast – 0800 • Meeting – 0830

**Courtyard by Marriott**  
5865 Katella Ave, Room A  
Cypress, CA 90630

### Next scheduled chapter meeting July 19

### 2025 Meeting Schedule

August 16 • September 20  
October 18 • November 15  
December (to be announced)